



Kambalda Primary School aims to provide a safe, warm and friendly learning environment that supports each child to develop the essential academic, creative, social and physical skills necessary to become a worthwhile member of a rapidly changing society.

We want our students to be socially competent, resilient and caring of others.

COMING UP... Dates to remember

	4	20	21	22	Newsletter School photography Photos	Breakfast Club	25	26
March	5	27	28 Public School Review	1	2	Breakfast Club	4	5
	6	6 <u>Labour Day</u> <u>Holiday</u>	7	Subway Meal Deal	9	Breakfast Club 9am Assembly Excess Friday	11	12
FREEZY FRIDAY: Bring 50c to buy an icy pole at lunch time. Proceeds go towards Year 5/6 Camp.								

ANNOUNCEMENT:

Congratulations to the Year 6 students who nominated for a councillor position, wrote and gave speeches for the election process; special congratulations to Sophie, Hannah, Cooper and Ezrah who were elected student councillors for 2023, with Sophie as Head Councillor.



Sophie van Keule



Hannan Shepheard



Cooper Field



Ezrah Tamoe

Well done everyone!

FROM THE PRINCIPAL'S PEN

Wow! Week 4 already; lots of exciting work has begun and students have started setting their Term 1 and/or Semester 1 goals. Please take the time to talk with your child on a daily basis about their day and how they are going at achieving their goals. The home school communication and support of your child is so important. Please ensure you connect to Seesaw as it's the school's chosen communication method; this keeps the lines of communication open between the school and home. It is a tool for sharing the great work completed at school and everything we do at school. Students enjoy sharing their work; it is an important part of fostering connections between home and school and can be useful for generating conversations about students learning. Seesaw is not an appropriate forum for any communication with students not pertaining to their learning and school activities. Please contact your child's teacher if you need more information or assistance accessing Seesaw.

123 Magic and Emotion Coaching in the Classroom is the whole school approach chosen for Behaviour Management at Kambalda Primary School and we pride ourselves on implementing this consistently across the school K-6. 123 Magic is a simple yet effective behaviour management program for children between 2 and 12 years of age. 123 Magic is easy to learn and it works. It's an approach that allows teachers to be firm yet caring when managing behaviour, while avoiding the most common pitfall - talking too much and getting too emotional in response to some behaviour. 123 Magic gives teachers a simple and structured approach to:

- 1. Controlling obnoxious behaviour (arguing, whining, fighting, tantrums)
- 2. Encouraging good behaviour (listening, being on task, social skills)

3. Strengthening their relationship with their students (praise, active listening, and shared fun).

The program aims to provide teachers with a strategy for confidently managing their student's behaviour, while at the same time helping them learn to make good choices about behaviour for themselves. Emotion Coaching is a complementary strategy to the behaviour management techniques of 123 Magic. Emotion coaching assists teachers to help children reflect on and identify their emotions and become more competent at managing those emotions. The outcome is that children learn to respond more flexibly to environmental triggers. The behavioural outbursts of children often result from their inability to manage or have a language for 'big emotions' like frustration, fear, anger or excitement. Emotion coaching enables teachers to recognise situations where they might be able to use empathy to connect with children over difficult emotions, help children to reflect on how they're feeling and learn a language for those emotions. This is the first step toward children being able to track and then better manage their emotions. Emotion coaching, together with the behavioural strategies encompassed within 123 Magic, provides teachers with a balanced approach to managing their children's behaviour while teaching their children skills to better manage their emotions and take responsibility for their own behaviour.

Congratulations to our new student councillors. All the speeches were good, and I congratulate each student who took the time to prepare their speech and present it in a very confident manner. I look forward to a very positive and productive year with our new leaders, Sophie as Head Councillor along with Ezrah, Hannah, and Cooper.



Following this edition, newsletters will only be sent home via Seesaw and printed copies will no longer be sent home to families who have not yet connected.

PRIORITY PAGE: WE ARE A Crunch & Sipcertified school

Allowing students to eat vegetables and fruit in class in the morning or afternoon helps students to re-fuel during the gap between breakfast and morning tea, or between lunch and afternoon tea. These are the times that children's attention can start to wane in class.

The Crunch&Sip break also gives children the opportunity to eat the vegetable sticks that might otherwise be left in their lunchbox and not be eaten at all. This not only helps to improve physical and mental performance, it promotes long term health as well!

We understand some children are fussy eaters, but if it's not fruit, veg, or water, it's not Crunch&Sip.



What foods can I pack for Crunch&Sip[®]?

The Crunch&Sip[®] break is a time to introduce children to raw vegetables and fruit and encourage the water drinking habit. Fresh vegetables and fruit are the best choice. Please only send foods with a tick:

✓ Alloved

Vegetables

All fresh vegetables (eg celery, carrot sticks, broccoli bits etc.)

Fruit

- All fresh fruit (eg whole fruits, chopped melon etc.)
- Fruit canned in water, juice or 'no added sugar' (eg peach slices)
- Dried fruit please limit as it contains concentrated sugar and tends to cling to teeth, increasing risk of tooth decay

Water

Only plain water

K Not Allowed

Drinks

Any drinks other than plain water including fruit or vegetable juice, fruit juice drink, fruit cordial, mineral waters, carbonated water

All other foods not permitted include:

- X Dips, including those that are vegetable based
- 'Fruit' products (eg fruit leather, fruit roll-ups, fruit bars or similar)
- X Fruit jams, jellies, pies and cakes
- Fruit canned in syrup or jelly or with artificial sweeteners
- X Canned or processed vegetables
- X Vegetable or potato crisps, hot potato chips
- ✗ Vegetable pastries (pies, pasties, sausage rolls)
- Vegetable cakes, fritters, quiches, breads or similar

crunchandsip.com.au

NOTES FROM THE



Impetigo is an infection of the skin caused by bacteria. It will usually start with a blister or a group of blisters. The blisters will often pop, weep and form a crust. Small spots may spread outwards from the first spot. The spots are usually itchy.

If your child has impetigo they should be checked by a doctor. The doctor may prescribe antibiotics. You should cover the sores with watertight dressing and cut your child's nails to prevent them from scratching. Impetigo is spread very easily, so keep your child home until 24 hours after treatment has begun. Wash hands regularly to prevent spread to others and ensure your child uses their own towels/flannels.

Toilet Training with Q & A session (Goldfields **Online**)

TUE 28 FEBRUARY @ 10:00 AM - 12:00 PM AWST

FREE single session parenting workshops with 360 FamilyHealth

Facilitator: Stephanie Rea – 360 FamilyHealth

Bookings Essential. Toilet Training with Q & A session (Goldfields Online) -T: 90 681 821 | E: Parenting Connection WA GoldfieldsEsperance.PCWA@anglicarewa.org.au

Our School Photos were taken today Class Photos/Portraits:

Every student had their photo taken, whether purchasing photos or not.

The school has chosen to use the online ordering system. You will have received an online ording instruction slip and a unique student shootkey.

Log onto www.msp.com.au and follow prompts to place your order.

If you lose your shoootkey contact the school and we can send it to your via text message.

The expiry date for ordering online is THURSDAY 2ND MARCH. Any orders received after this date will incur a \$30 archive fee.

SCHOOL CONTRIBUTIONS

Funds from voluntary parent contributions are used to purchase student resources such as student workbooks, art supplies, sports equipment, library resources and technologies.

These fees are set under the Education Act and can be directly deposited into the school bank account. Parents are asked to pay the following contributions:

Kindy - Year 6

1 child	\$50
2 children	\$80
3+ children	\$100

We accept:





city choice • country service Would you like \$150 to spend at Everett **Butchers Kalgoorlie?**

On payment of voluntary contributions by 6 April, one lucky family will receive an Everett Butchers voucher worth \$150. Please contact the school or come in to the office to make payment to be eligible for entry.

OUR MORAL PURPOSE

We have a commitment to making a positive difference in the lives and outcomes of our students as a result of their experiences at Kambalda Primary School.

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