

KPS NEWS

SUCCESS THROUGH ENDEAVOUR

VOL.23 ISSUE 5 19.05.2023

You Can Do It! @ KPS



Persistence

RESILIENCE

ORGANISATION








CONFIDENCE

GETTING ALONG

Kambalda Primary School aims to provide a safe, warm and friendly learning environment that supports each child to develop the essential academic, creative, social and physical skills necessary to become a worthwhile member of a rapidly changing society.

We want our students to be socially competent, resilient and caring of others.

COMING UP... Dates to remember

	5	22	23	24 	25	26  Breakfast Club YCDI! P&G Colour Fun Run 2:00-3:30pm	27	28
June	6	29  National Reconciliation Week	30	31  Subway Meal Deal	1	2 Staff Development PUPIL FREE DAY	3	4
	7	5  PUBLIC HOLIDAY	6	7	8  Newsletter	9  Breakfast Club	10	11

No Freezy Friday in Term 2

REMINDER



Friday 26th May 2:00pm-3:30pm

\$5 entry fee per student participating, due Tuesday 23 May



Students without forms or \$5 entry fee are unable to participate and alternative supervision will be provided

PRINCIPAL'S PEN

What a busy first few weeks we have had this term. I would like to thank and acknowledge the P&C for their organisation and planning of the Mother's Day stall. The stall was set up and made accessible to all students at recess and lunch on specific days during the week and mums and nans gave up their time to run the stall. I hope all mum's appreciated their gifts and had a special day on Mother's Day.

Next Friday the P&C are holding the YCDI! Colour Fun Run. This will take place at the school from 1:50-3:30pm. For students to participate they MUST pay \$5 or have \$5 or more in lap sponsorship. The fundraiser is for the Year 5/6 camp being held in Term 3 so all parents and students in Year 5 and 6 are expected to participate and support this event. Student who are not participating will remain in class and those students who do not have parent supervision after 2:50pm will go home at the end of the school day as normal.

Students are reminded that school uniform is a requirement and wearing it with pride every day is an expectation. Any students that wear jumpers with hoods are not permitted to wear the hood on school grounds. Teachers are enforcing the dress code and students will be asked to remove their jumpers if they are not close in colour to the school uniform colours. Navy and/or black jumpers and bottoms will be considered acceptable but jumpers with bold colours and writing will not. Parents will be contacted by teachers or admin if required. Please also check regularly that jackets and jumpers belong to your child; if your child accidentally brings a jacket or jumper home that is not theirs, please return it to school to the student it belongs to.

Our Annual School Report has been uploaded to Schools Online and the website for the public to view. The School Improvement and Accountability policy requires that schools publish annually a School Report that describes the school's performance. The Report is succinct and prepared with a public audience in mind. The School Report is intended to give parents and other members of the community a clear sense of how students in the school are progressing and what is being done to maximise student achievement. I encourage you to go online or visit our website to view the report.

www.kambaldaps@education.wa.edu.au

Children are not permitted to bring toys or other items from home to school; these items will be confiscated from students and be placed in the classroom or office. The items will be sent home with students at the end of the school day, however, if students continue to bring items, parents will be contacted and will be asked to pick the item up.

I want to acknowledge the consistency of students handing in their devices such as iPads, iPods, phones etc. to the office on arrival if they are needed before or after school by students. Students are not permitted to use these once on school grounds or until off school grounds. There are a number of 'games' on X-Box and other devices that allow children to interact with unknown users so it is important to be vigilant with what your children are playing and who and what they are able to share with unknown people. Keep the following in mind:

**Manage
Screen
Time**



**Keep
Content
Child-friendly**



**Restrict
Social
Media**



**Protect Devices
at Home and
On-the-Go**



**Access Free
Cyber
Support**



PRIORITY PAGE

PERSONAL HYGIENE FOR CHILDREN

Hand

Hygiene for kids includes keeping their hands clean at all times. Let your child form a habit of washing his/her hands every time they:

- Use the bathroom
- Play outside
- Touch an animal
- Sneeze or cough
- Are about to eat something
- Are done eating their food
- Come home from outside.

Nail

Children's nails accumulate a lot of dirt and microbes.

- Cut your child's nails frequently
- Teach your child to scrub and wash under his/her nails thoroughly to ensure that they are clean at all times.
- Also, pay attention to your child's toenails and cut them regularly.

Toilet

The bathroom or the toilet is one of the places in the house that contain the maximum germs.

- Teach your child the right toilet hygiene to avoid all the diseases likely to spread by using an unclean bathroom.
- Teach your child to wipe or wash after passing stool.

Foot

Some personal hygiene habits for kids can help keep these smelly feet away:

- Ensure that your child washes his/her feet every time while taking a bath
- Keep the feet clean by scrubbing them properly with soap and rinsing them with clean water
- Always clean in between the toes, on the underside of the foot, and under the toenails to keep microbes away
- Teach your child to keep his/her footwear clean.

Bathing

The best way to keep your child clean and healthy at all times is by giving him/her a bath regularly. Some bath hygiene habits include:

- Teaching your child to bathe once or twice in a day – before they go to school and after they come back
- Encourage him/her to gently scrub the armpits, groin, legs, and feet
- Ensure that they apply soap every time they take a shower
- Keep an eye to see that your child takes extra care when cleaning his/her face as the facial skin is more delicate.

Hair

Poor hair hygiene in your child can cause problems like dandruff, lice, and infections of the scalp.

- Wash your child's hair with shampoo at least two times in a week
- When your child is old enough to wash his/her hair, supervise in applying the shampoo and rinsing with water
- If your child has [head lice](#), make sure you treat it immediately
- If your child has long hair, keep the hair tied up
- Teach your child to avoid sharing his/her comb, pillow, hats or caps with other children.

Oral

It is also important that you take care of your child's mouth and teeth. Without proper care, your child can develop cavities, [bad breath](#), and other oral diseases.

- Make sure that your child brushes his/her teeth with toothpaste at least two times a day
- Always use a child's toothbrush
- Sweet food shouldn't be left to linger around the teeth for too long as it can cause [cavities](#).

Sleep

Sleep is extremely important for children and adults alike as the body uses this time to regenerate its cells and record memories. Sleep hygiene includes everything that helps your child get a good night's sleep. It helps you create an 'awake during the day and resting during the night' pattern for your child to fit in enough sleep at night so they can remain active during the day.

Health

Sometimes your child can get infected with a common cough or a cold. Here's what you can do to help him/her heal faster and prevent the disease from transmitting to others.

- Teach how to sneeze or cough by covering the mouth and nose
- Encourage your kids to use a tissue.

General

- Teach your child to wear clean clothes every day. If your child likes a particular dress, teach him/her to wear it only when it is clean.
- Reinforce the habit of cleanliness.
- Teach your child to pick up after themselves.
- If your child spills something in the house, teach him/her to clean it.

Your child needs to keep themselves clean to remain healthy and to feel good about themselves.

Good personal hygiene will help boost their self-esteem and confidence.

Tips to Teach Personal Hygiene

You can't teach your child all the habits mentioned above overnight. Teaching personal hygiene to kids will require patience. Some accidents might happen here and there, but avoid scolding your child as they are still learning. Here are some tips to follow when teaching your child about hygiene:

- **Explain the Difference:** Start by explaining about all the good and bad habits. You can start with something your child already knows.
- **Explain the Purpose:** Explain to your child why he/she should maintain good hygiene and the reason behind why something is good or bad.
- **Praise and Encourage:** Praise your child when they do something good. It can be as simple as washing hands or sneezing into a tissue.
- **Start with the Basics:** Have your child wash his/her hands first and then move onto bigger things like brushing, bathing, food hygiene, etc.
- **Practice Before You Preach** – Children are smarter than we think them to be. They are observant and know when you are trying to trick them. Always ensure you practice all the hygiene habits yourself before teaching them any. Most of the times, children watch you and learn. You wouldn't have to teach them the habits separately then.
- **Educate Them:** Tell your child about the different kinds of germs and microbes that cause diseases. Also, explain the things that happen if he/she gets affected by germs.
- **Make Learning Fun:** This way, they can remember better. Try including games and other fun activities whenever you teach them about hygiene.

FEMALE FOOTBALL WEEK

KAMBALDA - COME TRY MINIROOS

What: All Girls Training session for players aged 5 - 11

Where: Kambalda Community Recreation Centre
2 Barnes Drive, Kambalda West

Time: 04.30 PM - 05.30 PM

When: Wednesday, 24th May 2023

Cost: Free



**OUR
GAME**

#OURGAME

Australia's Biggest Morning Tea



TUESDAY 30TH OF MAY

**Kambalda Community Recreation Facility
Function Rooms**

Support a great cause and get involved

10:00_{am} - 12:00_{pm}

COST: \$ 5.00

GET YOUR GOLD COINS READY!

PRIZES TO BE WON

A DELICIOUS MORNING TEA.

For more information please contact the KCRF staff on Phone 9080 2111 or email kcrf-counter@coolgardie.wa.gov.au. Tickets available on entrance.



THANKS:

Partnering with P&Cs to Advance Public Education

WACSSO believe every student in Western Australia should have access to the best education possible.

For over a century, we have worked passionately with school organisations across this state to improve the public education system - all the while never losing sight of a simple principle: that we are stronger together.

This is why we work every day to build the individual capacity of all of our affiliates – empowering them through a number of support services, knowledge-sharing and learning opportunities.

It's also the reason we recognise the power of presenting a collective voice for the views of all P&Cs. As one, we have the strength and fearlessness to advocate for the positive change that will truly make a difference.

Together with the P&C community and all our stakeholders, we will work tirelessly to advance public education in Western Australia, so that every student has the best chance to realise their potential.



Thank you.

KAMBALDA PS P&C
for all that you do for our school

SCHOOL CONTRIBUTIONS

Funds from voluntary parent contributions are used to purchase student resources such as student workbooks, art supplies, sports equipment, library resources and technologies.

These fees are set under the Education Act and can be directly deposited into the school bank account. Parents are asked to pay the following contributions:

Kindy - Year 6

1 child	\$50
2 children	\$80
3+ children	\$100

We accept:



BANK DETAILS

Kambalda Primary
School Fund A/c

BSB:016-719

ACC: 4323-11224

OUR MORAL PURPOSE

We have a commitment to making a positive difference in the lives and outcomes of our students as a result of their experiences at Kambalda Primary School.

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